



“ Tell me and I forget.  
Teach me and I remember.  
Involve me and I learn.”

- Benjamin Franklin

# AGILE ACADEMY: A HANDS-ON APPROACH TO AGILE TRAINING

Digital technology is disrupting traditional work practices. Consumers have become change-makers: they observe, analyze, compare and make choices on a daily basis. We can no longer afford to take a reactive approach and simply work around the limitations of semi-rigid business models. Today's pioneers are agile and well aware that they must put their customers' and employees' needs first.

Agile is not a method. It is a state of mind. **Implementing Agile across an organization means being willing to change behaviours and transform the organizational culture.** It's all about taking things apart and putting them back together again—only better, and giving each squad the tools it needs to get the job done.

Alithya's Agile Academy is open to all individuals involved in delivering business solutions and interested in learning to self-organize to build a sustainable Agile culture in their

organization. At Alithya, we believe that Agile should not be taught using a theoretical approach. That's why our workshops deliver team-based, hands-on learning.

Our training focuses on:

- > **Soft skills:** Adopting true Agile behaviours
- > **Value creation:** Measuring, experimenting and communicating
- > **Innovation:** Creating and developing critical thinking skills
- > **Engagement:** Taking ownership and responsibility for your actions
- > **Self-confidence and trust in others:** Recognizing mistakes as opportunities for growth and delegating
- > **Autonomy:** Learning to self-organize

*Delegate  
Demonstrate trust  
Let go*

*Engage  
Be accountable  
Focus on quality*

*Self-organized  
Versatile  
Autonomous  
Courageous*

*Generate value  
Measure value  
Focus on customers*

*Innovate  
Disrupt  
Create  
Challenge*



## OUR AGILE JOURNEYS

AGILE JOURNEYS	TRAINING SESSIONS AND WORKSHOPS	DURATION
<b>THE AGILE JOURNEY</b>	> <b>Go Agile!</b> : An introduction to the agile mindset and popular methods	1 day
	> <b>Go KANBAN!</b> : A Team Building workshop to discover the Kanban method practice	½ day
	> <b>Go SCRUM!</b> : A Team Building workshop to discover the Scrum method practice	½ day
	> <b>Go Agile for Teams!</b> : An adaptable approach to support new teams in their journey towards agility	3 days
<b>THE PRODUCT JOURNEY</b>	> <b>Go PO!</b> : An introduction to the Product Owner role	1 day
	> <b>Go POPM!</b> : A true business solutions simulation integrating the latest Product Manager techniques	3 days
	> <b>Design Sprint</b> : A co-creation approach to ensure that you embark in the right direction in order to deliver value to your customers	5 days
<b>THE COACHING JOURNEY</b>	> <b>321 Go!</b> : A multidisciplinary, hands-on approach that brings business and IT teams together	2-3 weeks
	> <b>PO Coaching</b> : A customized, hands-on coaching program that addresses the training needs of your Product Owners	Custom
	> <b>Agile Coaching</b> : A customized, hands-on coaching program that addresses the training needs of Scrum Masters, Product Owners and development team	Custom
	> <b>Agile Transformation</b> : A customized program tailored to the specific needs of your organization for entering the agile world	Custom
<b>TOOLS &amp; TECHNIQUES</b>	> <b>Agile Maturity Analysis</b>	Custom
	> <b>Jira and Confluence</b>	Custom
	> <b>Agile KPIs</b>	Custom



### TAKE ADVANTAGE OF AGILE ACADEMY WORKSHOPS TO BECOME TOMORROW'S AGILITATEURS

Nowadays it doesn't really pay off to take a theoretical approach to Agile learning. Training costs add up, and then there are coaching costs and operating costs associated with conflict management and employee turnover.

Our hands-on approach is designed to prepare squads for the future by driving long-term behavioural change. By learning

to self-organize, squads adapt based on each squad member's needs and performance. Alithya's Agile Academy provides Agiliteurs with the tools they need to succeed, helping them achieve a positive return on investment and ensure team satisfaction. Guaranteed!



#### CONTACT US

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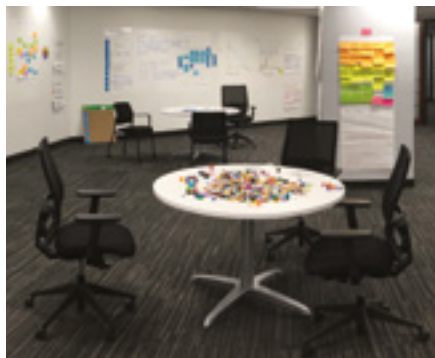
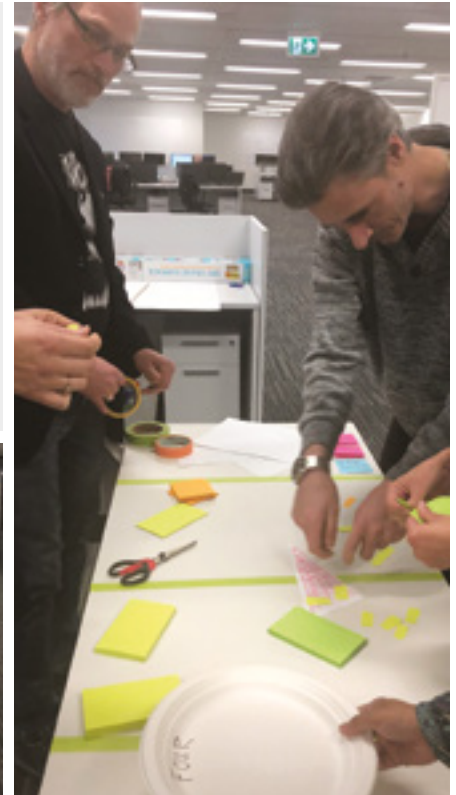
[alithya.com](http://alithya.com)

SELF-CONFIDENCE AND TRUST IN YOUR TEAM

COURAGE AND CRITICAL THINKING

INNOVATIVE MINDSET

FUN AND WELL BEING AT WORK



“ This training is a must, and I found it to be extremely relevant and impactful. It was remarkable to learn that you can build an actual minimum viable product (MVP) in just three days. The most important thing this workshop teaches you is to think in terms of MVP—and that’s essential for a Product Owner!”

- Jeffrey Kumar, Manager, Payment solutions at a financial institution

## About Alithya

**ALITHYA IS A LEADER IN STRATEGY AND DIGITAL TECHNOLOGY**, with 2,000 professionals in Canada, the US, and Europe. Our integrated offering positions us as a leading digital technology partner, highly skilled in designing innovative and efficient digital solutions for business challenges.

Our clients, covering a large spectrum of sectors, entrust Alithya with their strategic projects across Banking, Investment and Insurance, Energy, Manufacturing, Retail and Distribution, Telecommunications, Transportation, Professional services, Healthcare and Government sectors. They appreciate our unique combination of pragmatic understanding and creative thinking to structure and streamline intricate operational ecosystems. All with a view to help transform our customers' businesses and drive their growth every single day.